

# Indashyikirwa

Agents of change: Rwanda

A model for working with women, men and communities to end gender based violence (GBV)

Women members of Village Savings and Loan Associations (VSLAs)



are invited to come with their partners to the couples curriculum training

## COUPLES CURRICULUM (5 months)



More than 25% of couples then go on to do community activist training

## ACTIVIST TRAINING (10 days training)

- How to conduct participatory dialogues
- How to respond to GBV and support victims
- Active listening skills
- Providing empowering responses (not victim blaming)



## EMBEDDING SOCIAL CHANGE (18 months)

### Supporting programme activities



#### WOMEN'S SPACES

- Advice
- Referrals
- Support
- Solidarity
- Sharing skills
- Participatory discussions
- Income-generating activities
- *Women-only sessions*
- *Sessions for men and women*



#### OPINION LEADER TRAINING

- Religious leaders
- Local authorities
- Police
- Health service providers
- *Gender and power dynamics*
- *Types of GBV*
- *Taking actions against GBV*

### Trained activists activities



#### IN THE COMMUNITY

- Facilitate activism activities around power, gender roles and GBV at community forums, using activist tools like posters and quick chats
- Provide support and advice to couples and community members



#### ADVOCACY AND LINKAGES

- Quarterly meetings with opinion leaders to follow up on their GBV prevention and response commitments

Rwandan communities free themselves from GBV  
through social change and an enabling environment

# Indashyikirwa



WhatWorks  
TO PREVENT VIOLENCE  
A Global Programme To Prevent  
Violence Against Women and Girls



Further information and resources: [insights.careinternational.org.uk/in-depth/life-free-from-violence](https://insights.careinternational.org.uk/in-depth/life-free-from-violence)

AUGUST 2018