High-risk public health issues like Suicide, Interpersonal Violence (IPV), and Child Abuse are major concerns in low-to-middle-income countries around the world. Yet safety and risk are rarely screened for or addressed by global development programs.

High-risk safety issues have **profound** negative impacts on individual lives, families, & society:

- Increase in deaths and injuries
- Heightened aggression and violence towards self and others
- Long-term mental health issues (e.g., depression, traumatic stress, anxiety)
- Negative economic impacts (e.g., loss of breadwinner/caregiver)

### WHY ORGANIZATIONS OFTEN DO NOT SCREEN FOR SAFETY:

- Safety is not core to their mission/program
- Not trained in how to screen for safety issues
- Unaware of what steps to take when someone reveals safety risks
- Unable to find resources or partners for ongoing care or support

### MAKE SAFETY A GLOBAL PRIORITY

With growing evidence that suicide, IPV, and child abuse are prevalent, we believe every organization or agency working in low-to-middle income communities could assess everyone for safety risks and offer basic support or resources.
CETA is a scientifically-proven transdiagnostic intervention, combining treatments for a range of mental health issues (trauma, depression, anxiety, substance abuse) into a single model. CETA’s modular, community-based approach addresses several mental health challenges in concert, enabling scale-up and sustainability in low-to-middle-income environments.

THE CETA SAFETY ELEMENT ENABLES THE ABILITY TO:

- Identify local resources or partners
- Determine how to refer clients for higher-levels of care
- Assess safety risks with just a few standard questions
- Develop individualized safety plans to:
  - Identify warning signs
  - Recommend coping practices
  - Reduce means to hurt self/others
  - Develop a safety watch

SAFETY TRAINING FOR YOUR ORGANIZATION

We offer ONE-DAY TRAININGS with options for ongoing support for:

- Non-professionals
- NGO/research staff
- Front-line field workers
- Global development professionals
- Country directors
- Organizational staff

READY TO INTEGRATE SAFETY INTO YOUR PROGRAM?

TO LEARN MORE VISIT CETAglobal.org

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The Applied Mental Health Research Group (AMHR) is a multi-disciplinary team working on mental & behavioral health around the world.